

Customer Information

Dear Customer,

We are very pleased to welcome you. A healthy pelvic floor is essential for the well-being of both women and men of all ages. Unfortunately, this important topic is often neglected or not discussed adequately. We are here to change that and provide you with the information and solutions you need to promote and maintain your pelvic floor health.

To best inform you about the treatment with our pelvic floor chair, we kindly ask you to note the following points:

Purpose of the BetterPelvi Pelvic Floor Chair

- Our pelvic floor chair is designed to support muscle stimulation, tissue tightening, improve circulation, and stimulate metabolism.
- Using innovative HI-EMT technology, your body's muscles are continuously stretched and contracted. During a session, your muscles undergo approximately 12,000 contractions.

Recommended Clothing

- We recommend wearing comfortable and flexible clothing for your treatment appointment.

Correct Posture During Treatment

- During the treatment, our professionals will pay attention to maintaining the correct posture to achieve optimal results.

Possible Muscle Soreness

- Please be aware that you may experience muscle soreness in the treated areas after the treatment.

How does the pelvic floor chair work?

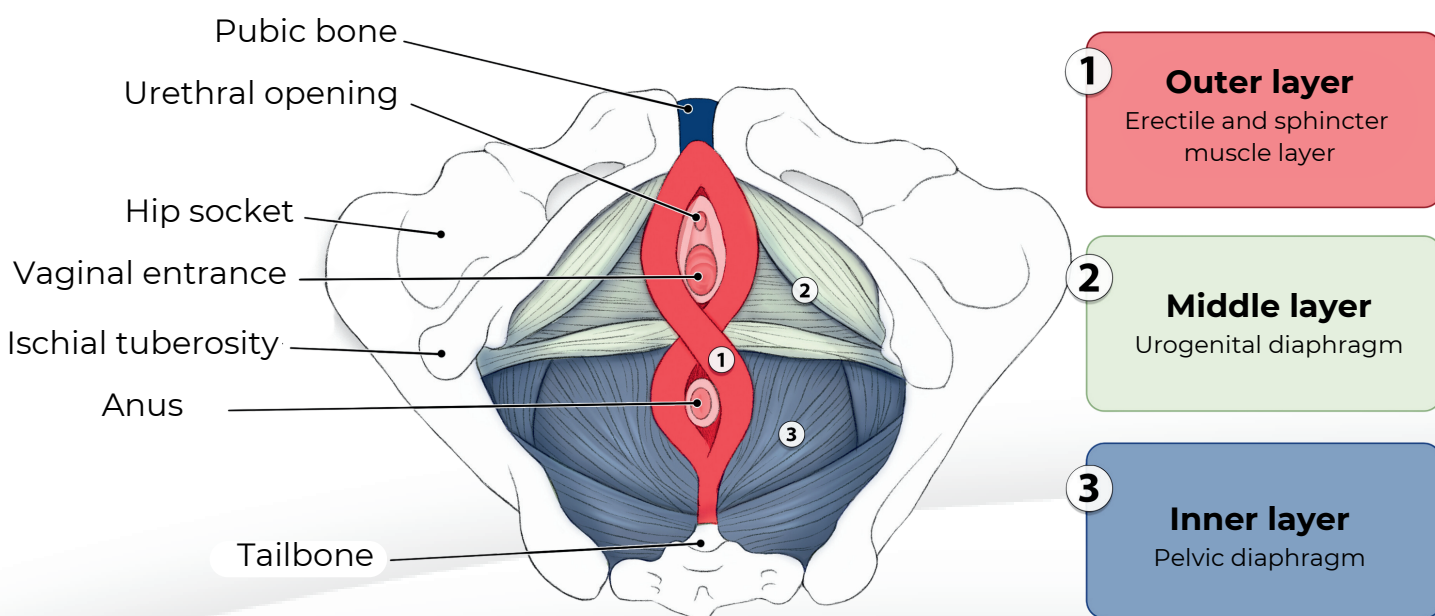
Our pelvic floor chair has been designed to gently and effectively strengthen and tighten the pelvic floor muscles, offering a wide range of benefits.

A strong pelvic floor is essential as it not only alleviates bladder weakness but also protects against organ prolapse, back pain, digestive issues, urinary tract infections, loss of libido, erectile dysfunction, and numbness during intercourse.

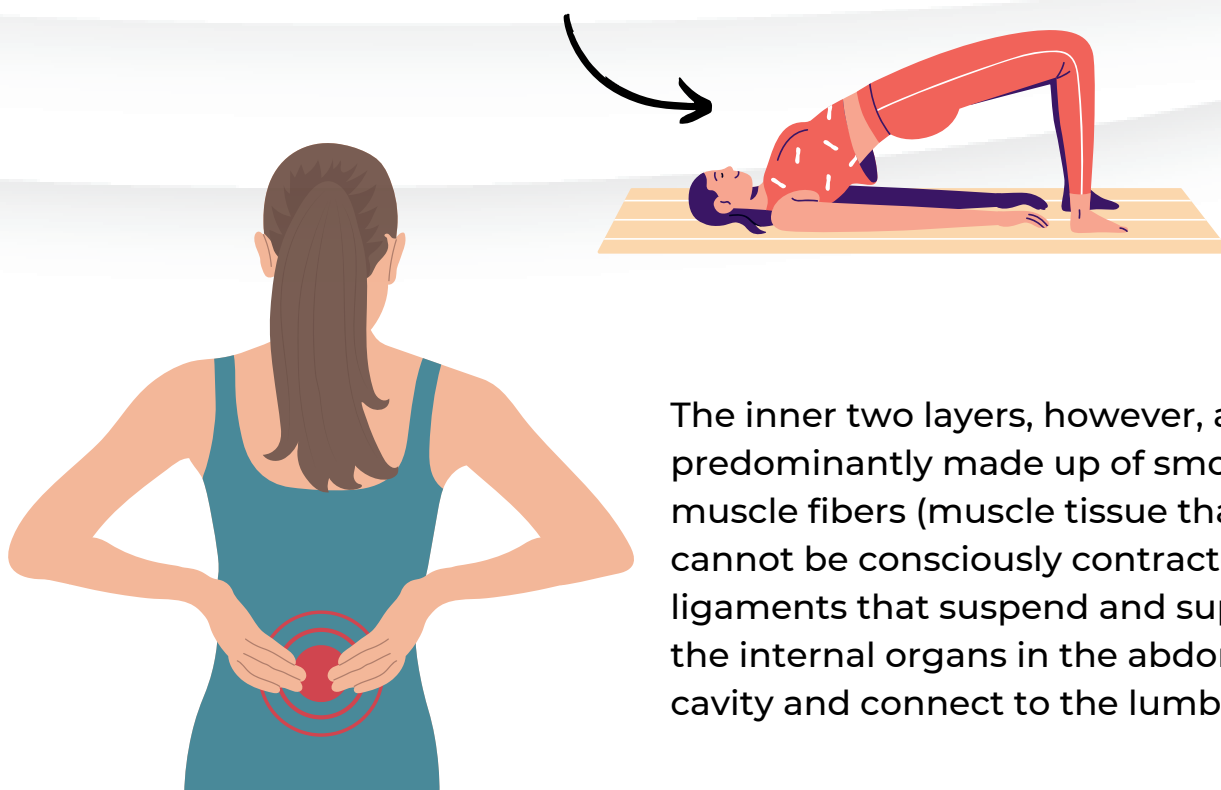
Traditionally, Kegel exercises are recommended to train the pelvic floor muscles, which involve the targeted contraction and relaxation of these muscles. Our pelvic floor chair employs high-intensity electromagnetic waves that penetrate up to 8 cm deep into the muscle and act on each individual cell. This can directly change the muscle structure and promote efficient growth of the pelvic floor muscles. The pelvic floor muscles are located deep within the body and are difficult to access except through electromagnetic waves.

The pelvic floor essentially consists of three layers:

- Pelvic diaphragm (Inner layer)
- Urogenital diaphragm (Middle layer)
- Sphincter and erectile muscle (Outer layer)



The outermost layer can usually be effectively trained through regular exercise.



The inner two layers, however, are predominantly made up of smooth muscle fibers (muscle tissue that cannot be consciously contracted) and ligaments that suspend and support the internal organs in the abdominal cavity and connect to the lumbar spine.

The innermost layer is responsible for holding up to 20 kg of organs. Its function is so crucial that it would be dangerous if this layer could be consciously contracted and relaxed. Just as the organs in the human body perform their functions without conscious effort, so does the innermost layer of the pelvic floor. For this reason, it is impossible to train the inner layers of the pelvic floor with regular exercise and restore their functionality. Treating a dysfunction of the pelvic floor using an electromagnetic method is significantly more effective than regular training exercises or pure electrical stimulation.

The BetterPelvi Chair uses the revolutionary "HI-EMT" technology (High-Intensity Electromagnetic Therapy) to stimulate motor neurons that control the pelvic floor muscles. This technology triggers repeated hypercontractions of the pelvic floor muscles to rebuild the pelvis, strengthening the gluteal muscles and the urinary system. The pelvic floor muscles contract spontaneously at the threshold of the physiologically achievable maximum tension and maintain this state, although usually only for a brief moment.



BetterPelvi
EMPOWER YOUR PELVIC HEALTH



We Help Discreetly

Incontinence

Many people, especially the elderly or those who have undergone medical procedures, suffer from incontinence. A strong pelvic floor can help regain control, boost confidence, and improve quality of life.

Postpartum recovery

After childbirth, pelvic floor training is important for many women to strengthen the body and prevent discomfort.

Menopause

During menopause, women may experience symptoms like urinary incontinence. Targeted pelvic floor training helps alleviate these symptoms and improve overall well-being.

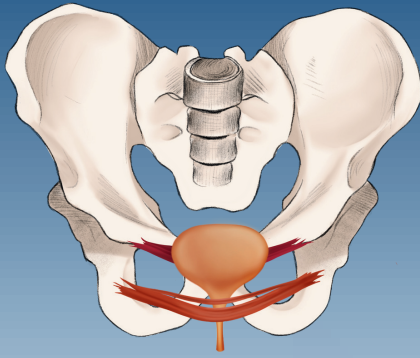
Back pain

A weak pelvic floor can cause back pain due to poor posture. Targeted pelvic floor training can alleviate these issues and promote back health.



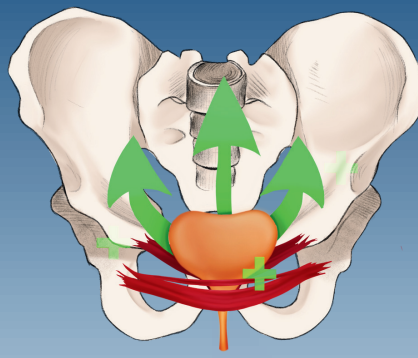
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Before



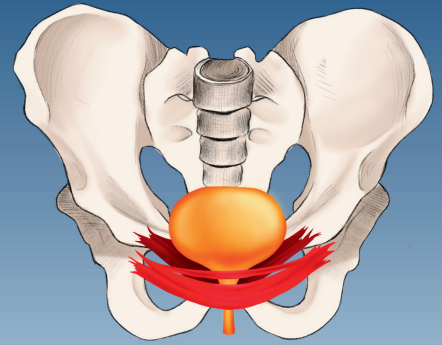
The pelvic floor muscles are too weak to support the organs in the pelvis and control the bladder during urination.

Treatment



The neurons of the pelvic floor muscles can be effectively stimulated.

After



Treatment to strengthen the muscles in order to restore control over the pelvic floor muscles and bladder function.

Benefits

- ✓ **Tightening of the pelvic floor muscles:**
This helps reduce urinary incontinence and back pain and can help prevent them.
- ✓ **Strengthening the pelvic floor after childbirth:**
This is especially important for mothers who want to rebuild their pelvic floor muscles after giving birth.
- ✓ **Improvement of blood circulation in the pelvic floor:**
Better blood flow supports the overall health of the pelvic floor.
- ✓ **Positive effects on sexual life:**
A strong pelvic floor can enhance sexual well-being, libido, and potency.
- ✓ **Safe application without surgery:**
The BetterPelvi Chair allows for the strengthening of the pelvic floor without the need for invasive procedures.
- ✓ **More effective than manual Kegel exercises:**
The high-intensity stimulation of the BetterPelvi Chair can be more effective than traditional exercises.
- ✓ **Treatment in full clothing:**
Our pelvic floor chair can be comfortably used while wearing regular everyday clothing.
- ✓ **No downtime:**
After the treatment, you can continue your daily routine without interruption.